



Message Outline
August 1-2, 2026
Pastor Bryan Myers

Bible Intake

Life functions best when we're in _____.

** The question isn't whether we'll have rhythms, but whether we'll be intentional about the ones that shape us spiritually.*

Four faith-shaping rhythms:

1. _____
2. **Prayer**
3. **Financial Stewardship**
4. **Intentional Connection**

Bible Intake = _____

Matthew 4:4 - Jesus answered, "It is written: 'Man shall not live on bread alone, but on every word that comes from the mouth of God.'"

*** There is true, and there is _____.**

2 Timothy 3:16-17 - All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.

*** Truth is _____.**

Romans 12:2 - Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is - His good, pleasing and perfect will.

*** Bible Intake Rhythm: regular and _____ exposure to God's Word.**

*** The S.O.A.P. method not only helps you get into the Word but also helps the Word _____.**

Jeremiah 15:16 - When your words came, I ate them; they were my joy and my heart's delight.

S _____ - *As you read the section of the scripture for the day, ask the Lord to bring one text in particular to your attention.*

*** You'll need a reading _____.**

*** You'll need a _____.**

YouVersion Bible App



Whatever the text is, write it down in your journal at the top of your entry for the day.

O _____ - *Once you've written down the passage, look at it more closely. What does it say? Who's speaking? Who are they speaking to? What stands out to you? What questions does it raise? Take several moments to reflect on it and let its message soak into your heart. Then write out your reflections in a paragraph or a few sentences.*

A _____ - *Is there: A promise to trust? A command to obey? A sin to confess? An example to follow, or to avoid? A truth about God's character that should change how I see my situation today? Then take some time to write out how you plan to put into practice the truth that the Holy Spirit has brought to your attention.*

P _____ - *Finish by writing down a thoughtful prayer to God, asking Him to help you apply what you've discovered.*

A word of caution:

Rhythm can become _____. **Routine can become _____.** **And ritual can become _____.**