



Sermon Outline
October 11-12, 2025
Pastor Bryan Myers
Mess Up?
Fess Up!
1 John 1:5-2:2

** Confession to God is more than admitting you've done something wrong—it's an honest, humble, relational act that restores closeness with your Heavenly Father. It's how you agree with God about your sin, identify the transgression, turn from it, and stay healthy in your relationship with God.*

1. Confession is agreeing with _____ about our sin.

** To confess (Greek homologeō) literally means "to say the same thing."*

** When we confess, we're not excusing, minimizing, or blaming—we're acknowledging: "God, You are right. I have fallen short."*

2. Confession is personal and _____.

** True confession isn't vague ("Lord, forgive me for my mistakes").*

** It names sin for what it is: "Lord, I was prideful when I dismissed that person's need." "Father, I let my anger control me."*

** Naming it breaks sin's power and invites God's healing light.*

3. Confession involves _____.

** Repentance means turning away from sin and turning toward God.*

** It's not just "I'm sorry." It's also, "I don't want to keep living this way."*

4. Confession is _____, not transactional.

** We're not earning forgiveness—we're restoring fellowship.*

** Through Christ, our relationship with God is secure, but our connectedness with Him can be affected by unconfessed sin.*

*** Is there any sin you _____ confess to God?**

Common Sins of the Heart and Mind

- Pride - thinking too highly of ourselves.
- Selfishness - putting our needs before others.
- Envy or jealousy - resenting others' success or blessings.
- Greed or materialism - placing possessions or money above God.
- Lust - entertaining impure thoughts or desires.
- Anger and bitterness - holding grudges or harboring resentment.
- Worry and anxiety - failing to trust God with our concerns.
- Ingratitude - failing to thank God regularly.

Sins of Speech

- Gossip - sharing information that harms others.
- Slander - speaking falsely or critically of others.
- Lying or deceit - bending the truth to protect ourselves.
- Complaining or grumbling - expressing discontent instead of gratitude.
- Harsh words - speaking without love or kindness.

Sins of Action (or Inaction)

- Neglecting to help those in need - ignoring opportunities.
- Disobedience to God's Word - knowing what's right but choosing otherwise.
- Dishonesty in finances or work - being unfaithful with responsibility.
- Sexual immorality - acting outside God's design for purity.
- Neglecting prayer, worship, or Scripture.

Sins of Relationship

- Unforgiveness - refusing to release others from debt or hurt.
- Judgmental attitudes - criticizing others without grace.
- Lack of compassion - failing to see people as God sees them.
- Impatience - reacting harshly when things don't go our way.

Spiritual Sins

- Idolatry - allowing anything to take God's place.
- Hypocrisy - appearing spiritual outwardly but lacking sincerity inwardly.
- Doubt or unbelief - living as if God's promises aren't true.
- Neglect of mission - failing to share our faith or represent Christ.